

GLADE Southern African Music Collection

The instruments in this collection are largely sourced from Zambia, but some of the tapes, music and information are drawn from a wider area, and include both traditional and contemporary African music.

INSTRUMENTS (from Zambia)		
4 small drums	with skins made from animal hide. Warm up to get a good sound, as with all Zambian drums.	
Tambourine	made of recycled wire, bottle tops and plastic bags	
11 Dried bean pods	from the Cassia Tree. Hold one end fairly loosely and tap the other on your other hand, or shoulder, or knee etc	
Thumb piano	Marimba (thumb piano with gourd attached by string). Look at the small statuette to see how to play it. The gourd acts as a resonator. This instrument has many different names, eg Mbira, Sansa	
Rainstick	Seeds trapped in the empty stem.	
5 Reed Shakers	5 Tsheke-tsheke (reed shakers). Hold the shaker horizontally and loosely with one hand at each edge of the shaker and toss it gently from hand to hand. Experiment with different ways of shaking and different rhythms.	
Gourd shaker	with carved handle. (Easy to damage; its pair was unfortunately broken on the way back from Zambia . .	
Pair of leg shakers	Tie one to each shin. Reminiscent of Morris Dancers?	
MUSIC - Sheet music, tapes and CDs		
Zambian National Anthem	A single sheet with music and words (in English).	
A Zambian song	A single sheet giving the words (in chi-tonga) and tune of a song from the Gwembe Valley, with ideas for teachers for performance. Harvest Help.	
Contemporary Zambian music	Cassette tape by Angela Nyrenda - v popular contemporary Zambian singer. Sings in several Zambian languages. No indication given of what words mean.	
" "	Hamobe Shaleba Cassette tape chosen by teenagers.	

Mufulira School Choir	CD of Mufulira school choir singing a mixture of Western religious music, traditional Zambian songs, the Zambian National Anthem, and a particularly beautiful contemporary song remembering the death of the Mufulira football team in an air crash. Mufulira High School/CMCPT	
Mano Basic School, Mufulira	Cassette tape of singing and drumming. Mano Basic School. A very "homemade" tape but gives a good impression of the energy and rhythm of Zambian music.	
Oxfam Africa	An enhanced CD from Africa - music accompanied by a visual representation of OXFAM's work in Africa. World Music Network.	
Rhythm time	Cassette tape of world percussion from NI's World Music Network. (Unfortunately there is no information about where each piece comes from.)	
TaTenda	CD of Mbira (thumb piano) music played by Chartwell from Zimbabwe	
Best of Africa	CD from the World Music Network - "The African Selection".	

CHITENGE COLLECTION

Chitenge No 1	Blue and maroon - drum pattern	
Chitenge No 2	Orange and maroon elephant heads on mauve	
Chitenge No 3	Flame shapes on orange and black chequerboard	
Chitenge No 4	Dancing couples on a wizzy orange ground	
Chitenge No 5	Black digging tools on an orange and green ground.	

INFORMATION

An Introduction to Zambia	A general introduction giving useful background information - not solely about music. From the UNICEF "Palm Grove" pack.	
Websites	List of useful websites re Southern African Music	
Music and Musical instruments	Leaflet about African musical instruments - African focus series. Classifies African musical instruments and explains how they are made and played.	
Gourds and calabashes	Leaflet about gourds and their uses (including musical instruments.) - African Focus Series	

MISCELLANEOUS

Man playing thumb piano	Small plaster statuette which shows how the thumb piano is held. Note that the head is broken already! This is probably a tourist item.	
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Checked and updated 08.03.06